



RISK ASSESSMENT

Camping, Trekking & Outdoor Expedition Activities



This generic risk assessment has been prepared by Uncle Phannob Camping and Trekking to support schools planning camping, trekking, and outdoor expedition activities at our site. It should be reviewed and adapted by the visiting school's Trip Leader and Educational Visits Coordinator (EVC) to reflect the specific needs of their group. Schools should supplement this document with their own trip-specific risk assessment covering individual student needs, travel arrangements, and any additional activities.

Risk Rating Guide

How Risk is Assessed

Risk is assessed using the formula: **Risk = Likelihood (L) x Severity (S)**. Each hazard is rated twice:

- **Initial Risk (before controls)** — the level of risk if no control measures were in place. This represents the inherent danger of the hazard.
- **Residual Risk (after controls)** — the level of risk once all listed control measures have been implemented. This is the expected risk level during the activity.



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The purpose of showing both ratings is to demonstrate that control measures are effective in reducing risk to an acceptable level. If any hazard still has a **HIGH** residual risk rating after controls are applied, the activity must not proceed until further measures are taken.

	Negligible (1)	Minor (2)	Moderate (3)	Major (4)	Catastrophic (5)
Almost Certain (5)	5 M	10 M	15 H	20 H	25 H
Likely (4)	4 L	8 M	12 H	16 H	20 H
Possible (3)	3 L	6 M	9 M	12 H	15 H
Unlikely (2)	2 L	4 L	6 M	8 M	10 M
Rare (1)	1 L	2 L	3 L	4 L	5 M

Rating	Score	Action Required
HIGH	12 - 25	Immediate action required. Activity must not proceed until risk is reduced.
MEDIUM	5 - 11	Actions should be dealt with as soon as possible. Additional controls may be needed.
LOW	1 - 4	Acceptable risk. Monitor and review. Deal with as soon as practicable.



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Section 1: Accommodation / Venue

Hazard	Type of Risk	Who is at Risk?	Initial Risk (before controls)			Control Measures	Residual Risk (after controls)			Person Responsible
			L	S	Rating		L	S	Rating	
Fire	Physical	Students / Staff	2	5	MEDIUM	<ul style="list-style-type: none"> • Fire exit signs are clear and fire drill performed upon arrival • Staff to confirm all exit routes are clear and escape doors operate on arrival and at regular intervals • Fire fighting equipment checked and in good condition (pre-visit completed) • Staff and students informed of muster area and emergency procedures upon arrival, including fire escapes and exit routes • Students carry out room checks upon arrival • Trip Leader to follow up required alterations • Students advised not to charge devices overnight or leave devices unattended in rooms • Check for smoke detectors, fire extinguishers, and fire evacuation route maps • Staff to check provider has installed smoke detectors, fire extinguishers, and fire evacuation route maps 	1	4	LOW	Teacher / Student / Provider
Access by Others	Physical / Emotional	Students	2	4	MEDIUM	<ul style="list-style-type: none"> • Student rooms are grouped together; students instructed not to leave rooms once checked in for the evening • Student rooms are always locked • Staff accommodation is in the same corridors as student rooms; staff to patrol areas after final check-in • Staff are present in the vicinity when students have supervised free time • Students are informed not to move around alone • Students informed to notify teachers of any suspicious behaviour • Students to check who is at their door before opening; do not open to anyone unknown • Trip details only given to parents; information shared on school media after event 	1	3	LOW	Teacher / Student
Breakable Items	Physical	Students	3	2	MEDIUM	<ul style="list-style-type: none"> • Use plastic bottles and water tanks with dispensers where possible • Students briefed to carry out their own room check upon arrival • Trip Leader to follow up required alterations 	2	1	LOW	Teacher / Student



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Hazard	Type of Risk	Who is at Risk?	Initial Risk (before controls)			Control Measures	Residual Risk (after controls)			Person Responsible
			L	S	Rating		L	S	Rating	
Slips / Trips / Falls	Physical / Emotional	Students / Staff	4	3	HIGH	<ul style="list-style-type: none"> • Students stay on designated floors only • Students given briefing regarding slips/trips/falls upon arrival • Students to always wear correct footwear • Students to be mindful when walking around site • Students to be mindful of electrical cables around site • Students to be mindful of uneven surfaces, swollen wooden floors, and steps • Students to be mindful of stairs without handrails or with low handrails • Staff and students to be away from under-stairs areas • Provider to barricade hazardous areas 	2	2	LOW	Teacher / Student / Provider
Balconies	Physical	Students	2	5	MEDIUM	<ul style="list-style-type: none"> • Brief students of dangers/safety/security of opening balconies and windows • Students to stay off balconies • Balconies to be locked and signs/tape used to remind students not to open balcony doors and windows • Staff to view from outside at regular intervals during night duty 	1	4	LOW	Teacher
Catering	Physical	Students / Staff	2	4	MEDIUM	<ul style="list-style-type: none"> • Staff and student dietary requirements shared with the provider in advance • Provider to follow "No Nuts" policy (or other relevant allergen policy) • Provider kitchen to follow best practice food hygiene standards 	1	3	LOW	Teacher
Access to Other Rooms / Facilities	Physical	Students / Staff	3	2	MEDIUM	<ul style="list-style-type: none"> • Accommodation to close rooms not part of the trip activities • Accommodation to lock sewage/electrical rooms and restrict access • Students/staff to only access and use facilities arranged during the pre-visit • Where needed, the Trip Leader and Provider will carry out a dynamic risk assessment before using other rooms/facilities 	1	2	LOW	Teacher / Provider / Accommodation
Toilets	Physical / Emotional	Students	2	2	LOW	<ul style="list-style-type: none"> • Provider to identify and provide separate male and female toilets with clear signage • Toilets to be inspected for cleanliness and safety during pre-visit • Students briefed on location and expected standards of use 	1	2	LOW	Teacher / Provider / Accommodation
Equipment Storage / Danger Areas	Physical / Emotional	Students / Staff	3	3	MEDIUM	<ul style="list-style-type: none"> • Provider to keep unused items and equipment in the proper area and barricade the area for staff only • Staff and students to be mindful when walking past restricted areas; no entry for students 	1	2	LOW	Teacher / Student / Provider



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Section 2: Walking

Hazard	Type of Risk	Who is at Risk?	Initial Risk (before controls)			Control Measures	Residual Risk (after controls)			Person Responsible
			L	S	Rating		L	S	Rating	
All Accidents (students unaware of surroundings; wandering from group)	Physical	Students	3	3	MEDIUM	<ul style="list-style-type: none"> • Where possible, prior inspection of intended journey by at least one group leader to identify hazards and choose safe walking route • Route planned to avoid fast or dangerous junctions/sections of road • Staff fully briefed with respect to supervisory responsibilities 	2	2	LOW	Teacher / Student
Collision with vehicular traffic (roads with pavements)	Physical	Students / Staff	1	4	LOW	<ul style="list-style-type: none"> • Appropriate briefing regarding hazards and required behaviour (e.g. remain on pavements unless instructed otherwise) • Planned route utilises wide pavements where possible • Route will cross roads only at designated crossing points or locations considered low risk • All journeys, especially road crossings, closely supervised by staff • Young people briefed not to cross roads unless specifically instructed by staff • One supervisor at front of group, one at back, others alongside between group and road • If abroad, pupils briefed regarding local traffic rules and driving side 	1	3	LOW	Teacher
Collision with vehicular traffic (roads with no pavements)	Physical	Students / Staff	2	4	MEDIUM	<ul style="list-style-type: none"> • Walking beside roads with no pavements kept to a minimum and only undertaken if risk is considered reasonable • Young people given appropriate briefing: stay together, on one side, walk in single file close to roadside, use verge where possible • Group will normally walk on the side facing oncoming traffic; group leader chooses safest side according to road conditions • Care taken around corners where oncoming traffic may not be visible • Leaders positioned at front and back of group • If visibility is poor, leaders wear bright/fluorescent clothing; flags or signs used to signal drivers • Leaders warn group of oncoming traffic and give instructions to move onto verge if appropriate • Roads crossed only at safe locations where visibility is clear and sufficient time is available 	1	3	LOW	Teacher



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Hazard	Type of Risk	Who is at Risk?	Initial Risk (before controls)			Control Measures	Residual Risk (after controls)			Person Responsible
			L	S	Rating		L	S	Rating	
Collision with vehicular traffic when crossing roads	Physical	Students	2	4	MEDIUM	<ul style="list-style-type: none"> • Young people given appropriate briefing regarding required behaviour when crossing roads (e.g. walk, use pedestrian islands, cross in waves/small groups) • Young people only to cross roads when specifically directed by staff • Staff appropriately positioned and clearly visible to signal traffic and guide group safely across 	1	3	LOW	Teacher
Animals on road (dogs, cats, livestock)	Physical	Students / Staff	4	3	HIGH	<ul style="list-style-type: none"> • Students briefed not to touch, pet, play with, taunt, or feed animals on roads or near houses/establishments • Provider to arrange with hosts to keep dogs in pens/on leash • Provider to arrange with farmers/herders to keep livestock penned/leashed along routes prior to activities • Staff and students briefed to stay on paths and be aware of snakes • Staff and students briefed about bees in paths, bushes, and trees; avoid shaking bushes and trees 	3	2	MEDIUM	Teacher



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Section 3: Trekking

Hazard	Type of Risk	Who is at Risk?	Initial Risk (before controls)			Control Measures	Residual Risk (after controls)			Person Responsible
			L	S	Rating		L	S	Rating	
Routes / Terrain	Physical	Students / Staff	3	4	HIGH	<ul style="list-style-type: none"> Trekking routes surveyed by Trip Leader and Provider before activity Routes are appropriate to student ability Avoid hazardous routes/terrain; stay on paths; avoid making own paths Cliffs/drops clearly briefed to all participants and marked; adults to supervise challenging/hazardous parts; adults to stay between students and hazards Provider/staff to be aware of the topography of the area Check signs of landslides/flash floods during pre-visit; be aware of historical incidents in area Rangers/staff with local knowledge should be with the group, equipped with communication capabilities (mobile phones/radios) Staff and students reminded of slippery conditions during rain season Staff and students reminded of broken ladders, walkways, and steep walk paths Avoid routes used by vehicles Students briefed not to walk on concrete-rock surfaces near water ponds Do not stand or wait under high voltage lines; walk past immediately Paths under electrical posts and pylons should be avoided At sharp curves with poor visibility, one staff member at front with high-vis jacket checks the route; another leads the student group Staff and students walk in single file on the correct side of the road (facing traffic) 	2	3	MEDIUM	Teacher / Provider
Grocery Shops / Coffee Shops on Route	Physical / Emotional	Students	3	1	LOW	<ul style="list-style-type: none"> Students briefed that they cannot buy any items from shops during the trek activity Staff to monitor at all shops along both treks 	2	1	LOW	Teacher / Student



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			L	S	Rating		L	S	Rating	
River Crossings	Physical	Students / Staff	2	4	MEDIUM	<ul style="list-style-type: none"> • Routes surveyed before trip • Routes planned to avoid hazardous water crossings • Avoid water crossings when raining • Check weather forecast before start of trek and the night before • Provider/staff to be aware of the topography of the area • Check for signs of flash floods during pre-visit; be aware of historical flash flood incidents 	1	3	LOW	Teacher / Provider
Injury, Cuts, Abrasions	Physical	Students / Staff	3	2	MEDIUM	<ul style="list-style-type: none"> • Briefing done before start of trek; route choice appropriate for student ability • Appropriate clothing and footwear (fully covered shoes with strong soles) must be worn at all times • First Aid kit and First Aider available • Communication capability checked during survey (mobile phones/radios) • Accessibility checked in case of emergencies • Support vehicle available within agreed response time • Provider to keep spine board in support vehicle 	2	2	LOW	Teacher
Falls and Sprains	Physical	Students / Staff	3	3	MEDIUM	<ul style="list-style-type: none"> • Care to be taken to avoid tripping over guide ropes • Torches to be brought for low-light conditions • First Aid Kit and First Aider available • Trekking routes surveyed before trip and appropriate for student ability • Adult supervision present at all times • Adults stay between students and cliffs/drops; allow students to pass through before proceeding 	2	2	LOW	Teacher
Bites and Stings (snakes, insects, mites, ticks)	Physical	Students / Staff	3	3	MEDIUM	<ul style="list-style-type: none"> • Appropriate footwear worn at all times • All persons made aware of possible dangerous animals • Students go to toilet in pairs and stay in sight of each other at all times • Students are not to handle snakes or spiders • Group to use established campsite where grass is trimmed and not overgrown • Students to check shoes, clothes, and equipment for animals before picking them up • Apply bug spray; students advised to tuck trousers into socks and wear long sleeves • Students advised to apply mosquito repellent • Avoid sitting or sleeping in tall grassy or bushy areas • Shower and wash clothes after returning from outdoor activity 	2	2	LOW	Teacher



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Hazard	Type of Risk	Who is at Risk?	Initial Risk (before controls)			Control Measures	Residual Risk (after controls)			Person Responsible
			L	S	Rating		L	S	Rating	
Wild Animals	Physical	Students / Staff	2	5	MEDIUM	<ul style="list-style-type: none"> Routes to be surveyed before trip Provider/staff to be aware of wild animals present in the area Avoid routes known for dangerous wild animals (elephants, gaurs, tigers, bears, wild boars, etc.) 	1	4	LOW	Teacher / Provider
Exposure to Inclement Weather (sun, cold, hypothermia, heat illness, dehydration)	Physical	Students / Staff	3	3	MEDIUM	<ul style="list-style-type: none"> All persons made aware of climatic conditions and to bring appropriate clothing and equipment Ensure students apply sunscreen before activities and reapply where necessary Participants to carry a minimum of 2 litres of water; Provider to put up water refill stations along the route 	2	2	LOW	Teacher
Persons Lost / Missing whilst at field site or bush walking	Emotional	Students	2	4	MEDIUM	<ul style="list-style-type: none"> Appropriate briefing by Provider/staff before start of activity No student is allowed to leave the group Headcount taken at start and end of trip, and along the route Students to remain in pairs and remain in sight of each other at all times Provider/adult supervision present at all times Students instructed not to go ahead of instructor/staff Rangers/staff with local knowledge with the group, equipped with communication capabilities (mobile phones/radios) DofE trips: students may lead the trek with proper training, equipped with maps/communication device 	1	3	LOW	Teacher



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Section 4: General / Additional Considerations

Hazard	Type of Risk	Who is at Risk?	Initial Risk (before controls)			Control Measures	Residual Risk (after controls)			Person Responsible
			L	S	Rating		L	S	Rating	
Medical Conditions / Allergies	Physical	Students / Staff	2	4	MEDIUM	<ul style="list-style-type: none"> • Medical information collected for all participants in advance • Staff aware of any specific medical conditions or allergies within the group • Relevant medication carried by students or held by Trip Leader • First Aid kit and qualified First Aider available at all times • Location of nearest hospital/medical facility identified in advance 	1	3	LOW	Teacher
Safeguarding / Child Protection	Emotional	Students	1	5	MEDIUM	<ul style="list-style-type: none"> • All staff have appropriate safeguarding training and DBS/background checks • School safeguarding policy in effect throughout the trip • Designated Safeguarding Lead (DSL) identified for the trip • Students briefed on who to talk to if they feel unsafe • Emergency contact details for school DSL available to all staff 	1	4	LOW	Teacher / DSL
Travel / Transport	Physical	Students / Staff	2	5	MEDIUM	<ul style="list-style-type: none"> • Transport provider vetted and vehicles checked for safety compliance • Seatbelts worn at all times • Driver holds appropriate licence and is experienced with local roads • Headcounts taken before and after every journey • Comfort/toilet breaks planned into journey 	1	4	LOW	Teacher / Provider
Homesickness / Emotional Wellbeing	Emotional	Students	3	2	MEDIUM	<ul style="list-style-type: none"> • Staff aware of students who may be vulnerable to homesickness • Regular check-ins with students throughout the trip • Contact home procedure agreed in advance with parents/carers • Quiet space available for students who need time away from the group 	2	1	LOW	Teacher
Swimming / Water Activities	Physical	Students / Staff	2	5	MEDIUM	<ul style="list-style-type: none"> • No unsupervised swimming or access to open water • If water activities planned, separate risk assessment required • Students briefed to stay away from the edge of water bodies • Life-saving equipment available if near water 	1	4	LOW	Teacher / Provider



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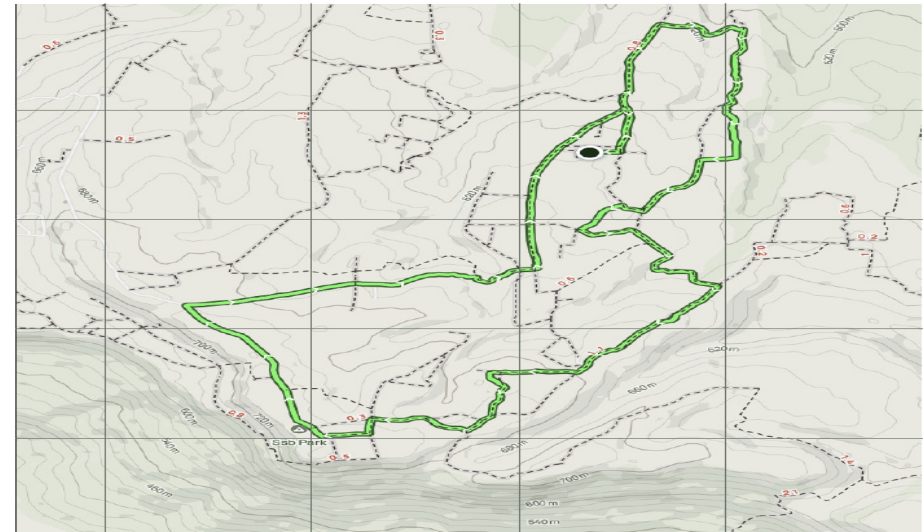
Risk Assessment for School Expeditions

Appendix: Site Photographs from Pre-Visit

The following photographs were taken during the pre-visit to Uncle Phannob Camping and Trekking. They document key areas referenced in the risk assessment above and should be used to brief staff and students before the trip.



Main accommodation building at Uncle Phannob



Trek No. 1 - Ring route from Uncle Phannob (Khao Chan Ngarm)